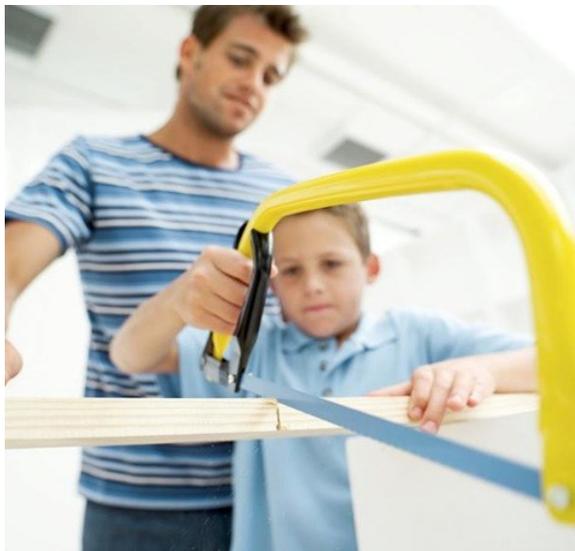


Issues our youth face in today's world

Peer Pressure	Child Abuse and Family Violence
Substance Abuse	School Safety and Violence
Sexuality Issues and Teenage Parenting	Depression and Suicide
Nutrition and Health Care	Faith and Religion



Mooreville Graded School District

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Colleen Kennedy, Student Support Facilitator
 Mooreville High School



Mooreville
 Graded School District



Change A Life
Mentoring
Program

Central Office
 305 N. Main Street
 Mooreville, NC 28115

Tel: (704) 658-2530
www.mgsd.k12.nc.us

Why Students Need Mentors

Today's youth grow up coping with academic, personal and social issues. Early intervention through a structured mentoring program may be able to give young people the encouragement, tools and support they need to navigate these challenges. According to *The Commonwealth Fund Survey of Adults Mentoring Young People*, (McLearn *et al*), eight of ten young people in mentoring relationships have one or more problems that put their success in the areas of school, health or development at risk. Some of the problems faced by young people today include:

- Negative feelings about themselves, lack of self-esteem
- Poor school attendance, tardiness, poor or failing grades
- Poor relationships with family members and authority figures
- Homelessness, abandonment or unstable family life
- Poor choices due to peer influence
- Getting in trouble at school due to inappropriate behavior

**For information and application,
please call Nancy Mangan @
MGSD Central Office - 704-658-2542**



Take the First Step in Becoming A Mentor

Please Ask or Call for an Application

Impact of Mentoring

Mentoring serves as a powerful human force for our children that can change the vision, health or the economic base of a community. Mentors help enable a general change in individuals and/or families. Mentors can influence a mentee's positive decision-making skills, support the dreams of the youth and encourage them to stay in school. The impact of a mentor on the life a youth is boundless and serves as a low-cost, low-tech strategy to help youth in challenging situations. Mentoring is clearly an effective strategy for keeping students in school.

Roles of a Mentor

Mentors are exemplary role models exhibiting positive attitudes and outlooks. A mentor displays a positive image, one that can guide the mentee's behaviors and actions. Mentors will build a trusting relationship, be a good listener, serve as an advocate. Other roles of a mentor may include:

- Friend
- Coach
- Motivator
- Companion
- Supporter
- Advisor
- Tutor
- Teacher
- Advocate
- Career model

Qualities of a Successful Mentor

Mentoring requires individuals with a high level of caring for others and a keen interest in having others succeed. Balanced with the key factor of knowing how to develop a positive relationship, the qualities sought in each mentor include:

- Personal Commitment
- Consistency
- Accessibility
- Flexibility
- Sense of humor
- Persistence
- Makes informed decisions
- Willingness to listen
- Kindness and patience
- Ability to accept different points of view
- Fairness
- Doesn't jump to conclusions

What is Mentoring all about?

A mentor provides support to a young person who can benefit from the guidance, friendship and experience of the mentor. Mentoring is accomplished with support from the business community, faith-based organizations, social agencies, service institutions, and other valuable community resources. Mentoring programs have changed thousands of lives, both the lives of those mentored, as well as the mentors. In the MGSD Mentoring Program, our focus is on students whose lives can be enriched through the guidance of mature, caring and supportive individuals.

